



## A star is born

By Staff Sgt. Ivyann Castillo and Capt. Dicie Hritz

*Think “Who’s Line is it Anyway.” I read a children’s story like a rapper and then like Mickey Mouse...I had a comedian from the panel be my arms as I sold a surge protector that had to be multi-purpose on QVC... Then I had to come up with different ways to use two scarves tied together and make different things.*

Those of you who know Airman 1st Class Lisa Weiss, food services technician, 171st Mission Support Flight, with her smiling face, friendly character and that well-known lovely singing voice, are aware this was one of many events she experienced before winning the Air Force World Wide Talent Search 2010 from January 17-23 at Lackland Air Force Base, San Antonio, Texas.

Out of 74 contestants, only 35 were going to be selected to take part in the special one-year duty tour for Tops in Blue beginning in May, and Weiss was one of the airmen that were selected.

This talent search was a week-long event consisting of several performance-type auditions, away from the usual Air Force mission norms of deployments, inspections, relief efforts, VIP visits, etc.

Each of the 74 competitors was broken into six groups, and Weiss was assigned to a group of 11 people for the entire week.

As soon as Weiss arrived in Lackland AFB, it was nonstop action. Although they were given a schedule of activities filled with auditions, performances and stage support, she as well as her fellow group members were still “stretched” to the max with constant last minute changes. “They told us they will keep us on crazy sleep schedules to get used to life on the road; it’s not the show that’s tiring [that actually gives you energy], it’s the travel, set up and tear down of the sets that wears you out,” said Weiss.

After barely having any time to eat on her first day, she began her experience with watching a Tops in Blue performance, realizing “just how big of a deal this is,” and her excitement level grew even more.



*Airman 1st Class Lisa Weiss sings “Heart of the Matter” with a live band in front of an audience during one of her vocal competitions during the Air Force World Wide Talent Show Jan. 17-23 at the Bob Hope Theater in Lackland Air Force Base. ( U.S. Air Force photo by Maj Chris Burch)*

Please see “Star is born” on page 5

## Unit members perform snow jobs

by Brig. Gen. Roy Uptegraff, Wing Commander

As many of you know, our February drill was significantly hampered by the overwhelming winter storm that declared our area a disaster. Shortly into that Saturday morning, we lost base power due to downed power lines. Key personnel, including me, could not even get to the base due to unusable roads and highways. Our aircraft ramp was buried in snow, our hangar doors were frozen shut, and by early afternoon, some of our snow removal equipment was beginning to fail. Basically, the base was cold, dark and miserable. That is when the spirit, initiative and zeal of our finest went into military thrust mode. Our civil engineers and state employees stunned all of us with the tons of snow they cleared around the clock. By Sunday, the west ramp was ready for operations. Our vehicle maintenance repaired and serviced the needed vehicles in spite of no heat or power to use. Air operations and aircraft maintenance never lost sight of the flying mission and remarkably flew planes off our ramp by that Monday. But that did not happen without the remarkable efforts of our fuel shop since their trucks were all we had to fuel the jets. The fuel pits were not usable. The air transporters loaded cargo and handled numerous duty and space available passengers. The Governor's chain of command contacted the 171st requesting that we assist local authorities with vehicles and drivers to help citizens trapped in their homes and in need of medical attention, prescriptions and groceries. Volunteers are never in short supply at the 171st. Instantly, we had 24/7 coverage at the downtown Emergency Operations Center (EOC), and five of our four wheel drive vehicles with drivers stationed at the Hunt armory went into action. It was a terrible weekend for Pittsburgh, but a rewarding one for us. Thank you ladies and gentleman for your service in a very hard time!



Commander's  
CORNER

Along with our winter storm operations in February, Safety and Maintenance are going to be evaluated this month. We have prepared in many ways for the inspection and I like to think we are inspection ready any day of the week. No doubt the inspectors will find some discrepancies we have overlooked or not addressed. No matter what they find, they are still guests of our Wing. Look them in the eye, tell them what you know and assist them any way you can. Your sharp appearance, can-do attitude, completed training, and preparedness will ring through every time. Many of our Wing members are also assisting Air Mobility Command as inspectors. That alone gives us tremendous insight into the inspection process. Best of luck to all of you!

In April we will once again be hosting the "Scouting for Skills" weekend with a large number of scout troops around our area. We are looking for volunteers to assist and teach these terrific kids on April 10th and 11th. Also in the third week of April, Pittsburgh will be hosting the Pennsylvania National Guard Association Conference at Station Square.



If you have time, stop in, see the displays, and meet the greatest supporters of our Guard. We are very much looking forward to seeing the Director of the National Guard, General McKinley at this event.

As always, practice safety in all you do - here and at home and once again, thank you for your service last month!

*Members of the 171 Civil Engineering Squadron work diligently to find places to move the record snow that was received by the Pittsburgh region during the first weekend of February 2010. ( U.S. Air Force photo by Master Sgt. Ann Young)*

### "Editorial Staff"



Brigadier General Roy E. Uptegraff, III Commander

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## Fit family

by Command Chief Master Sgt. Vic Guerra

This month's article "piggybacks" a bit on last month's article. Last month I talked about the upcoming changes to the Fitness Program and the challenges of the new program, and touched base on how to help yourself stay fit. This month, I'm expanding on that and talking about not only keeping yourself fit, but your family as well.

The Air Force has launched a new family fitness program that encourages an active lifestyle for kids and adults. The program is called FitFamily and its goal is to promote health and wellness for the entire family, and encourages families to "Get up, Get out and Get Fit – Together."

FitFamily encourages the ABCs of family Health and Fitness to include participating in activities, building healthy habits and tracking progress made. The FitFamily website can be found at [www.usaffitfamily.com](http://www.usaffitfamily.com) from any computer with internet access, and provides resources, ideas and goal setting tools to help families be active, make healthy nutritional choices and have fun while promoting overall wellness. You don't need to have a family to follow the site's advice and tips.

As part of FitFamily ABCs of wellness, families are encouraged to build healthy habits early and eat nutritious meals. With work, school and family schedules, it's easy to let healthy food choices slip at times. The food and activity choices you make affect your health. You may be eating enough, but not eating the right foods. You may not be getting enough physical activity to stay fit and burn off any extra calories. Eating right and being physically active aren't just a "diet" or a "program"; they're keys to a healthy lifestyle.

There are many simple ways to increase your physical activity. I mentioned last month that you can do push-ups and sit-ups just about anywhere. And although you may not always be able to run, a brisk, sustained walk can be helpful as well. Some simple things, when done on a regular basis, can help as well. Do housework and yard work as a family, rather than hiring help or letting one person do it all. Park at the far side of a parking lot and walk, rather than searching for the closest spot. Go for a walk before breakfast and/or after dinner rather than sitting down in front of the TV or computer. Take the stairs rather than elevators or escalators. Stand and move when talking on the phone (this one also helps me think more clearly).

I find the better I eat and the more active I am, the better I feel, and I'll bet you and your family will too. So start today, watch what and how much you eat, and make sure you're exercising regularly. Following a few simple guidelines can help you and yours to become a Fit Family.



Four members of the 258 Air Traffic Control Squadron have been recognized by the National Guard Bureau for their work. They have been submitted by the NGB to compete at the Air Force level. Pictured left to right are: Mr. Marco Walton, Ms. Kristie Luedke, Tech. Sgt. Kristy Long and Master Sgt. Kahl Long. (U.S. Air Force photo by Tech. Sgt. Shawn Monk)

## Briefs FYI

### Logistics Compliance Assessment Program

The LCAP will evaluate the MXG and the LRS on the ability to perform important logistical processes in a safe and technically proficient manner. They will evaluate our airmen on technical ability and our supervisors and commanders on programs in order to make sure we are doing everything safely and by the book.

### 171 CAM squadron's 1st Reunion Luncheon scheduled

All former members of the 171st Consolidated Aircraft Maintenance Squadron are invited to attend the first reunion luncheon March 13 at the Hoss' Steak House in Moon Township at 11 a.m.

If interested contact Ron Hoenig 724-650-2832 email: [rmhoenig8@yahoo.com](mailto:rmhoenig8@yahoo.com), H. Lach 412-897-6165 or Ray Daugherty 724-695-8238.

### Get ready for Scouting Skills!

2010 Scouting Skills weekend will be held April 10-11. The 171st once again will be hosting the event. This year it will be bigger and better with an expanded adult and scout program. Volunteers are needed to assist with base tours, logistics, teaching etc. We are expecting over 1000 participants. If you would like to help please visit the website at [www.171arwscoutingday.com](http://www.171arwscoutingday.com)

Estimated pay date for the March UTA:  
March 6-7

Estimated pay date for the March SUTA:  
March 13-14

**Retiree Office**  
**300 Tanker Road #4210**  
**Coraopolis, PA 15108-4210**  
**412-776-7587**  
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**ray.long@ang.af.mil**

Both personal and personnel changes have adversely affected our input to this publication. Please accept our apologies. An attempt will now be made to play catch-up.

We extend our sincere sympathies to the families and friends of: Lt. Col. Craig L. Mulvinhill, Jr. who died November 19, 2009, Col. Donald G. Lanke who died January 1, 2010 and Master Sgt. Kenneth E. Nestor who died June 26, 2009. May all of them rest in peace.

The brunch on January 18 was well attended with 49 people participating. We had a guest speaker, Mr. Patterson from the Casualty Assistance Office at the 911th Air Force Reserve. Pamphlets and literature were passed out after the briefing and all were pleased with the presentation. We have additional copies for distribution in the 171st Retiree Office for those of you who did not attend the brunch. We should also have copies of the 2010 ARPC Benefits Guide. The next brunch will be at Hoss' Restaurant on Beaver Grade Road, April 19, 2010 at 11 a.m. Please note the change in time. Bring your friends!

The 112th Tactical Fighter Group will have a reunion on the 112th day of the year, which is April 22, 2010. Bring old memories to swap with old friends to the 911th AW's Club Cargo Bay starting at 6 p.m.

Happy birthday to those of you we missed and to those of you celebrating in March.

Congratulations to our recent retirees; Lt. Col. Gregory Reid, Chief Master Sgt. Paul Palko, Master Sgts. Keith Stephens, Timothy Stanley and Patricia O'Brien, Tech. Sgts. Bruce Price, Thomas Detar and Matthew Bruzdewicz. If the retiree Office may be of assistance, please call.

The glycol plant is still not finished. The final location of the new Commissary is still unknown. The Navy Reserves is showing plans for facilities at the 911th AW near the club. No dates for these construction projects have been announced. The State Maintenance facility adjacent to the 171st is still on the books, but when it will be started is unknown.

## Air Guard marches into "Snowmageddon"

*By 1st Lt. Christopher Preffer*

After the blizzard of 2010 blanketed the Northeast with snow, approximately 350 soldiers and airmen of the Pennsylvania National Guard braved the elements to provide aid for Pennsylvania residents.

As the entire Northeast dug out their homes, members of the 171st Air Refueling Wing dug in. Throughout the week air guard members rotated on 12 hour shifts, covering 24 hours a day working from the Hunt Armory in the Shadyside neighborhood of Pittsburgh.

From Hunt Armory six government trucks and 12 members of the 171 ARW were dispatched to aid Pittsburgh residents.

"The biggest problem for the Pittsburgh area population was getting out of one's house for necessary medical attention such as dialysis, prescription medication and food," said Capt. Eric Munshower, chief of supply, 171st Logistics Readiness Squadron.

"One particular situation involved a liver transplant patient that required Coumadin, a blood thinner, which he had been without for several days," stated Munshower. "We were dispatched to pick up the prescription from a local pharmacy and delivered it to the resident in time."

"That's what we [the National Guard] are here for," stated Master Sgt. Missie Dubiel, services manager, 171st Force Support Squadron. "In my 21 years as a service member this was my proudest moment."

Dubiel transported a woman from the Hill District to a hospital for dialysis.

"Everyone that we helped was so appreciative, which made this experience very rewarding," said Staff Sgt. Josh Nordeen, hydraulic specialist, 171st Maintenance Squadron. "During my two shifts my partner and I aided seven Pittsburghers. At one point we picked up three ladies from the dialysis center and drove them to their homes."

"Our service is for people who are in trouble," said Tech. Sgt. Arthur Baker, maintenance production manager, 171st Maintenance Operations Flight. "It was a great job what we did and it was a great experience; I'd go back if ever needed."

At the time of publication the 171st dedicated 24 personnel each day from Feb. 7 to Feb. 12 to support those affected by "Snowmageddon."



**Top Left to right:** Master Sgt. Jodi Villmer, 1st Lt. Thomas Mahosky, Senior Master Sgt. Richard Cercone, Tech. Sgt. Mark Lewis, Airman 1st Class Zachary Young, Tech. Sgt. Jeremy Field **Bottom left to right:** Master Sgt. Brad Dovey, Master Sgt. Daniel Donahey and Senior Airman Raymond Owade (U.S. Air Force photo by 1st Lt. Chris Preffer)

## Star is Born continued from Page 1



*Airman 1st Class Weiss posing in front of the "Roger," performed in the choir with Tops in Blue at her last night of the Talent Show during the awards banquet. (U.S. Air Force photo by 1st Lt. John Early)*

"After the performance, we had to pick out shows, everything we do has entertainment flair; we played Deal or No Deal to get our show numbers and the Tops in Blue played as the models," said Weiss.

Most of their activities aren't the typical auditions you see on TV, just singing or dancing your selected piece then moving to the next person. "My vocal audition went well, they had me

sing just about every song; I sang Back on Base, rapped Whatta Man [I killed it by the way], If You're Not in It for Love, Fantasy, Three Little Fishes and I Can't Make You Love Me. Then they checked my range with a keyboard and did ear training exercise like harmonizing and intervals. Finally I had to take the microphone and lip sync to Lady Gaga's Just Dance," said Weiss smiling.

But Weiss had more to offer than just her outstanding vocal skills. She can also play the saxophone. "We did basic keyboard skills such as scales and music theory knowledge, then they had me play the saxophone. I sight read [thank you Mr. Faldo my high school band teacher for preparing me], played something from memory and displayed some dynamics and range abilities," said Weiss, describing her instrument audition.

After these individual events Weiss still had to rehearse performances with her group such as skits, acapella singing, dance routines, singing with a band and even giving the final performance towards the end of the week with costumes, hair and makeup with barely any rehearsal time.

In addition, to these auditions, Weiss and her group had to participate in the Tops in Blue Give Back performance singing an acapella number at the Child Development Center for four pre-school classes ages two to four.

The final day of this event was busy yet exciting and started with the panel interview where they would ask tough questions to see if you were mentally prepared for this tour. "One of the questions they asked me was if I thought of myself as a 'Diva' and how do I react to those females

that believe they are one. My answer: Flatter the Diva. They responded doesn't that get old? My answer: For me yes, but for the 'Diva' no. They actually laughed at my response," said Weiss smiling proudly.

That evening ended the week with an awards banquet where Tops in Blue performed and Weiss was selected to sing in the choir.

Weiss' overall experience exceeded her expectations. "I was impressed with the level of talent in the Air Force and how much time and emphasis they put into production value; It is a World Class production taken very seriously," said Weiss. "Going into this competition, I thought it was just a singing contest but I was amazed at how much more was involved."

"What I learned from this experience is being in the Tops in Blue tour, you have to remember it is not about the individual it is about the entertainment you bring to others; you are here as an ambassador for the Air Force," said Weiss.



*Airman 1st Class Weiss having a good time with her Alpha Team group members posing in a silly photo during the Air Force World Wide Talent Show Jan. 17-23 at Lackland Air Force Base. (U.S. Air Force photo by 1st Lt. John Early)*

"Music touches people's lives," she continued, "it brings them hope."

Though some of you may or may not know Lisa Weiss personally, she faced several hardships and struggles in her family life. After this experience, she found a piece of her to assist in rebuilding her life...music. As she wrote in a letter to the Tops in Blue committee, "*I watched Tops in Blue perform a show called Dream, and I watched my own dreams come flooding back into my life; dreams I thought were long gone...After only ten days of my involvement with Tops in Blue, I'm a changed woman...I came to Tops in Blue, defeated and scared but willing to try. I emerged a confident woman who is beginning to embrace the wonderful woman she is.*"

And for Weiss this piece gave her that confidence back, helped her inner strength, and now after winning, an opportunity to also touch people's lives.

# It's good to have goals

By Lt. Col. Jeff Jones, Chief of Safety

Ever since I took over the Chief of Safety post back in June of 2009 an ESOHCAMP Inspection has been looming on the horizon. As we draw closer, the Safety team has put a tremendous amount of effort into ensuring that the Wing receives high marks on this inspection but in the near future that focal point will be nothing more than a memory (hopefully a good one). That prospect left me thinking about what comes next for Safety and what will be our way-ahead to take Safety to the proverbial "next level?"

Just as the Wing has strategic goals to remain ready, reliable and relevant, it is just as important for small organizations within the Wing, like Safety, to have goals. These goals will prevent us from wandering off into a void until we have to re-focus for another inspection some years down the road.

As I began to study the Vision, Mission, Strategy, Goals and Priorities of Air Force Safety it became clear that Wing Safety can have meaningful goals that are aligned with the Air Force and can provide a clear benefit to this Wing and every airman in it.

My long-term intent for Safety is to lay the foundations for Command benchmark safety programs. If you looked around the Wing today, you would need two hands to count the number of Command designated "benchmark" programs on base. We have the talent, willingness and culture throughout this Wing to achieve goals like this and even though it may not happen during my tenure, the effort starts here.

That intent will be defined by five long-term goals that will provide the framework. The 171st Safety goals listed below need to be pursued simultaneously to ensure that we deliver on our duty to support the Air Force Safety Mission of "Prevent Mishaps – Preserve Combat Capability."

1. Develop and incorporate Safety Policy into our Wing's mission successes.
2. Create and sustain first-class safety education and training for all of our airmen so that commanders are provided with safety capabilities, safety professionals, and safety programs that are equipped for success.
3. Support the Air Force's Wingman culture that promotes mishap prevention through safety awareness and provide Commander-through-Airman mishap prevention capabilities to ensure mission success.
4. Provide first-class technical and investigative support to our Commanders.
5. Leverage our already established premier capabilities in data collection, analysis and reporting to improve hazard identification and mitigation.

As this process develops and matures more specific objectives need to be developed and then linked to a set of priorities. The objectives and priorities that follow provide a roadmap for attaining those goals for which we all need to be a part.

# Lt. Col. Christopher Strager to Lead the Weather Service's Eastern Region

By Marci Katcher

Christopher Strager, a native of Pittsburgh, Pa., is leaving his position as head of the Pittsburgh Weather Forecast Office to become the new director of the National Weather Service's eastern region in Bohemia, N.Y.

The eastern region provides weather, water, aviation and climate services to more than 93 million people in 21 states from Maine to northern Georgia, westward to Ohio, and includes 23 weather forecast offices, three river forecast centers and four center weather service units.

"Chris will be an outstanding asset to the eastern region," said Jack Hayes, Ph.D., director of the National Weather Service. "His experience in both the Air Force Weather Agency and the National Weather Service has provided him with a broad range of expertise in operations and meteorology, including a solid background in aviation meteorology."

During his time as meteorologist-in-charge of the Pittsburgh Weather Forecast Office, Strager also led a team to develop improvements for the Federal Aviation Administration's national weather forecasting program.

"It's truly an honor to lead a team whose mission is to put public safety first, by issuing accurate and timely warnings to save lives and property," Strager said. "We will keep improving operations using emerging technologies to enhance our products and services for the American people, American industry and our federal, state and local emergency responders."

Strager started his career as an enlisted weather observer with the Air Force in 1978. He was commissioned to Second Lieutenant with assignments in Panama City, Panama and Andrews Air Force Base in Md.

In 1992, Strager joined NOAA's National Weather Service at the weather forecast office in Portland, Maine. He has held leadership positions at Federal Aviation Administration's Air Route Traffic Control Center/center weather service unit in Oberlin, Ohio, as well in Grand Forks, N.D., and Pittsburgh, Pa. In 2003 he became the regional aviation meteorologist in Anchorage, Alaska. In 2004 he became the deputy director of the Alaska region, where he remained until becoming the meteorologist-in-charge of the Pittsburgh office in 2008.

He has received a Department of Commerce Silver Medal for his work during the Red River flood in the Northern Plains and the Isaac Cline Award in meteorology for service during a tornado outbreak in Pittsburgh. With nearly 30 years of Air Force service, both active duty and Air National Guard, Strager will retain his duties as the Commander of the Air National Guard's 146th Weather Flight in Pittsburgh. During active duty, he received a Bronze Star for leadership during Operation Iraqi Freedom, where he and his team provided specialized aviation forecasts for Iraq, Kuwait and Saudi Arabia during the initial phases of the conflict.

Chris received a Bachelor of Science in Meteorology from Pennsylvania State University in 1983 and a Master of Science in Meteorology from Texas A&M University in 1989. NOAA understands and predicts changes in the Earth's environment, from the depths of the ocean to the surface of the sun, and conserves and manages our coastal and marine resources.

You have just entered the ...

# RECRUITER ZONE

Our Recruiting Team -- (412) 776-7495

Master Sgts. Sue Smith and Skip Powell, Tech. Sgt. John Frazier, Staff Sgts. Shayla Pollard and Lindsey Duncan and Airman 1st Class Lisa Weiss  
Contact us toll free at 1-877-249-5193 or through the web [www.171arw.ang.af.mil](http://www.171arw.ang.af.mil)



## Understand your Post Deployment downtime

Post Deployment Downtime is a commander's program designed to help maintain quality of life and retain valued Air Force members to help keep our military strong and ready.

Following a deployment away from home station with an Estimated Tour Length (ETL) of 45 - 89 days members will be given not more than 7 days compensatory time (3 day special pass and 4 days unscheduled time). **NOTE:** Downtime is based on number of days of the ETL Boots on Ground – not the pay order.

Following a deployment away from home station with an ETL of 90 days or longer, authorized compensatory time is not more than 14 days (4-day special pass and 10 days unscheduled time).

During compensatory time, members will not be assigned formal duties and will be given appropriate time to care for personal and professional matters deferred while deployed. The member will check in daily during any period of unscheduled time and must take leave if departing the local area. Compensatory time applies to active duty personnel, including Air Reserve Component personnel activated under a mobilization authority and personnel serving temporary tours of active duty on Military Personnel Appropriation (MPA) days. Compensatory time must be taken into account when calculating MPA day requests.

Upon return from deployment, all personnel must in-process through Commander Support Staff (CSS) or Personnel Readiness function prior to starting post deployment downtime. Failure to do so could adversely affect member's duty status.

Returning members must sign in with the Unit's Commander's Support Staff the first duty day after return. Post-deployment downtime will start as soon as possible following return to home station, not to exceed 72 hour after return, and only after signing in with the CSS and completing an in-processing checklist. If a member takes earned leave immediately following deployment, the commander has the discretion to allow compensatory time upon return.

Unit commanders should make liberal use of the special 4-day pass provided during post deployment downtime, particularly for Air Reserve Component (ARC) members deployed away from their home unit of assignment.

Please contact your Unit Deployment Manager (UDM) or the Installation Personnel Readiness (IPR) Office at 412-776-7658/7656 if you have any questions concerning this matter or require more information. Please refer to AFI 36-3003 for specific information.

### Post deployment downtime for AFRC/ANG

- Intent: Allow time to attend to official duties and personal affairs
- 45 -89 days: Consist of a 3-day special pass and 4 days limited duty time in the local area.
- 90+ days: Consist of a 4-day special pass (allowed to leave the local area), and up to an additional 10 days of limited duty time in the local area.
- Number of days granted directed by gaining MAJCOM
- Not and entitlement: based on operational need
- based on number of days of the ETL
- Guidance states downtime is taken at Home Station
- Home is the location of your home unit and the local commuting area around it - that does not technically include a "home of Record" outside of the commuting area
- Follow ANG Telecommuting Instructions - Often mischaracterized as "family time" or "non-chargeable leave"

### Downtime by AMC

- 45-89 days = 7 days Max (3 Day pass + 4 days local area)
- 90+ days = 14 Days Max (4 day pass + 10 days local area)

### Accrued leave/Earned Leave

- Completed on AF IMT 988
- Active duty orders less than 30 days do not earn leave
- Active duty orders greater than 30 continuous days earns 2.5 days of leave per month
- Leave balance should be visible on you LES

## Congratulations on your promotion!



Mark W Dunn



Barry G Partsch



Jasmine M Persinger  
Elizabeth J Strano

## Welcome to the 171st

Jessica M Gonzalez  
Daniel J Novak  
Michael F Bullister

## Stepping out beats standing still

*Tech. Sgt. Lisa Marie Custer, 171st  
Chaplain's Assistant*

The first step can be the most difficult one. Stepping out can be a fearful and yet an exhilarating experience. Many people want to stay in their comfort zone, not wanting to venture into the unknown but it is in the unknown where we truly grow and flourish. Taking chances that another might not dare in a million years and yet wished they had.

Leaping down the side of a mountain, jumping out of a perfectly good airplane, going overseas to a hostile area, or running your first marathon at 50 takes dedication, faith, perseverance and sometimes a little craziness. David stepped out when Goliath called out his challenge to the Israelites. Everyone else was fearful but David new with God he would be delivered from the hand of the Philistine (Goliath). My challenge to you is to take that first step, you'll be glad you did!

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## How has Tier training affected CBRN training?

CBRN training is divided into two separate courses: CBRN Awareness (ADLS) and CBRN Survival Skills (Hands-on). Also notice that CBRN training no longer includes or covers Explosive Ordnance Reconnaissance (EOR). EOR training is now a CBT located on the ADLS website.

Who needs to take which CBRN courses and how long are they good for?

CBRN Awareness, 2A, can be completed on ADLS "OR" by attending a class. CBRN Awareness is required by ALL assigned personnel. If your personnel have completed ANY of the on-line courses or attended the en-masse course within the last 20 months, they DO NOT have to complete the course again until they become due at their next AEF cycle. CBRN Awareness is good for 24 months.

Emergency Management will offer two CBRN Awareness courses on Saturday of the primary UTA and on one Thursday each month. You can find the schedule on the Steel Web under the quick link CBRN SCHEDULER. Start times for the UTA classes is 10 a.m. and 1 p.m. You must bring your mask and Airman's manual to class. Class size is limited to 45.

CBRN Survival Skills, 2B, is required ONLY if a person is deploying. The only way to complete CBRN Survival

Skills is to attend a Hands-on course offered by Emergency Management. Survival Skills is good for 12 months. You must complete CBRN Survival Skills prior to deployment.

Emergency Management will offer CBRN Survival Skills beginning on the March UTA. Survival Skills courses will be on Saturday of the primary UTA and on one Thursday each month. You can find the schedule on the Steel Web under the quick link CBRN SCHEDULER. Start time for the UTA class is 10 a.m. and 1 p.m. You must show up for class in MOPP 2 with a full canteen. You will go to MOPP 4. Remember this class is all outdoors, so dress appropriately. Class size is limited to 30.

If you are deploying, you must be current in both CBRN Awareness and Survival Skills.

If you have any questions concerning CBRN training, contact your Unit Deployment Manager, Unit Emergency Management Representative or the Emergency Management office at 412-776-7478 or by email at 171ARW.EM@ang.af.mil.



HIGH

Flyer

Aircraft: 59-1490  
 Hours Flown: 55.1  
 Sorties Flown: 18



Crew chiefs: Dan Rodgers, Cliff Rumbaugh, Dan Oyster,  
 Cory Knox, Abel Witmer and Aaron Thomas

### Tentative Orientation Flight schedule for 2010 planned

April 15	Employer Flight
July 15	Educator Flight
August 5	Educator Flight
August 19	Employer Flight
September 23	Spouse Flight
October 14	Clergy Flight
November 12	Veterans Flight

To submit an individual for one of the flights above, please email the following information to Public Affairs, 171.arw.pa@ang.af.mil :

**First and Last name, Title, SSN, Phone number, Email address, Sponsor name, Emergency contact and phone number.**