

You Are Due for a DRHA

The purpose of the Deployment-Related Health Assessment (DRHA) Program is to identify and to address Service members' health care needs related to deployment. DRHAs assist with the early identification and management of deployment-related health concerns and conditions that may surface in the months before or the months to years after deployment. DRHAs are a vital component of the Air Force's ability to provide effective care and treatment for members with deployment-related health concerns.

1. Log on to MyIMR*

- The link is <https://imr.afms.mil/imr/myIMR.aspx>
- Scroll to the bottom of the MyIMR webpage
- Select Return to the Directory

2. Complete the online DRHA questionnaire*

- For DRHAs 1 and 2 – Schedule a face-to-face encounter with a military medical provider at your local Guard Medical Unit (GMU) /Medical Treatment Facility (MTF). Please contact the GMU for instructions on how to schedule DRHAs 1 and 2 encounter portion of assessment.
- For DRHA 3 - Contact the Reserve Health Readiness Program (RHRP) contracted call center Logistics Health Incorporated (LHI) at **1-888-634-1128** to speak with a healthcare provider and accomplish your required medical encounter over the phone. The LHI Call Center is open 24/7.
- For DRHA 4 and 5 - Completed with the Annual DoD Preventive Health Assessment (PHA). Follow the instructions at the end of the online questionnaire; the instructions will provide details about how to complete the provider encounter.

*Steps 1 & 2 require a CAC. Contact your GMU if you do not have access to a computer with a CAC reader. **You will remain due/overdue until you complete the questionnaire and provider encounter.**

Recommendation

RHRP (LHI) Call Center may contact you to complete the DRHA. To help identify when the LHI Call Center is contacting you, save **1-888-634-1128** to your cell phone contacts list.

DRHA Requirements and Timeline

Within 120 days before Deploying	Within 30 days before leaving Theater	90 - 180 Days After Return	181 - 545 Days After Return	546 - 910 Days After Return
DRHA 1 (DD Form 2795)	DRHA 2 (DD Form 2796)	DRHA 3 (DD Form 2900)	DRHA 4 (DD Form 2978)	DRHA 5 (DD Form 2978)

In accordance with DoD and Air Force policy, five DRHAs must be completed at specific intervals throughout the deployment cycle.

Your DRHA Cycle dates are as follow:

<https://kx2.afms.mil/kj/kx3/DeploymentHealth/Documents/DHA%20Cycle%20Calculator.xlsx>

Estimated Deploy Date: _____ Estimated Return Date: _____

DRHA 1 window: _____

DRHA 2 window** : _____

DRHA 3 window: _____

DRHA 4 window: _____

DRHA 5 window: _____

**DRHA 2 should be completed/closed in the deployed location. The exception is when stationed without a fixed medical facility or Aviation SME provider/team. Must be completed prior to release for downtime, leave, or demobilization.

See reverse for DRHAs 1-5 checklist

Published by AFANG/SGP - V1, February 2018

Contact Information

Guard Medical Unit DRHA POC:

Unit Deployment Manager:

Phone:

Phone:

Direct link to personal DRHA: <https://imr.afms.mil/imr/myIMR.aspx>

DRHA 1

- Unit Deployment Manager (UDM) notifies member to complete DRHA 1 (DD Form 2795)
- Member completes* DRHA 1 questionnaire **within 120 days of estimated deploy date****

*Recommend member complete form at unit of assignment

**Member should delete any open DRHA form at <https://imr.afms.mil/imr/myIMR.aspx> if the deployment is cancelled. Contact GMU for guidance at the listed number above if unable to delete the form.

Note: Please contact the GMU for instructions on how to schedule the required healthcare provider interview. If any medical condition arises that could impact your ability to deploy, contact the GMU immediately.

DRHA 2

- Member completes DRHA 2 (DD Form 2796) questionnaire **within 30 days of redeployment**
 - Member contacts deployed location Military Treatment Facility within two (2) duty days to schedule the required healthcare provider interview
 - If DRHA appointment not completed prior to redeployment, member informs home station GMU and schedules appointment during member's in-processing/reintegration*
- *Questionnaire and appointment must be completed prior to release for downtime, leave, or demobilization.

DRHA 3

- Member completes DRHA 3 (DD Form 2900) questionnaire **between 90 and 180 days after returning home**
- Member contacts the RHRP Contracted (LHI) Call Center at 1-888-634-1128 (open 24/7) to complete the required healthcare interview

DRHA 4/5

The DRHA 4 and 5 are completed with the Annual DoD PHA.

DRHA 4

- **Between 180 and 545 days after return from deployment**

DRHA 5

- **Between 546 and 910 days after return from deployment**
 - Verify that personal contact information is up to date in vMPF: <https://ww3.afpc.randolph.af.mil/vmpf/Hub/Pages/ConfirmInfo.asp>
 - Member completes the online PHAQ questionnaire
 - Member schedules Contracted Provider visit in LHI Portal: <https://lhi.care/>
 - Member gets texted reminder notification 24hr prior to scheduled person to person provider encounter
 - Member is contacted by LHI Provider for phone consultation and MHA portion is closed.
 - Once the MHA is closed the DRHA is complete and will reflect in ASIMS as up to date.
- ** The PHAQ will continue to remain open until signed off by a military medical provider. This may take up to several UTAs to be closed and before ASIMS reflects IMR requirement completion.